




PLANIFICACIÓN PARA EL AUTOAPRENDIZAJE

SEMANA 10 DEL 01 AL 05 DE JUNIO AÑO 2020



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| ASIGNATURA /CURSO | Orientación / 5° Básico |
| NOMBRE DEL PROFESOR/A | Pía Cáceres |
| CONTENIDO | Reconociendo las emociones 3 |
| OBJETIVO DE APRENDIZAJE DE LA UNIDAD 1 (TEXTUAL) | (OA 2) Distinguir y describir emociones, y reconocer y practicar formas apropiadas de expresarlas, considerando el posible impacto en sí mismo y en otros. |
| MOTIVACIÓN | Marca con una X como te has sentido este ultimo tiempo sin ir al colegio:  |
| ACTIVIDAD(ES) Y RECURSOS PEDAGÓGICOS | ACTIVIDADES: 1.-Responder preguntas 2.-Reconocer las emociones 3.-Identificar que hacer con las emociones 4.Buscar emociones en la sopa de letras 5.- Responder ticket de salida RECURSOS: guía de trabajo, cuaderno, lápiz. |
| EVALUACIÓN FORMATIVA | Se evaluará de forma formativa a través de preguntas de ticket de salida. |
| ESTE MÓDULO DEBE SER ENVIADO AL SIGUIENTE CORREO ELECTRÓNICO | pia.caceres@colegio-jeanpiaget.cl Se sugiere sacar una foto de la guía y enviarla con el nombre del estudiante y el curso al cual pertenece al correo anteriormente mencionado. Fecha de entrega de guía desarrollada: viernes 5 de junio |



Contenidos

En la siguiente lección trabajaremos con las emociones, reconociendo sus tipos y forma de expresión.



| GUÍA 10° SEMANA DE ORIENTACION | | |
|--|---|-----------------------|
| Nombre: | | |
| Curso: 5° básico | Fecha: | Profesor: Pía Cáceres |
| OBJETIVOS DE APRENDIZAJES (OA 2) Distinguir y describir emociones, y reconocer y practicar formas apropiadas de expresarlas, considerando el posible impacto en sí mismo y en otros. | CONTENIDOS - Reconociendo emociones | las |

ESTIMADO APODERADO, SI EL ESTUDIANTE NO TIENE ACCESO A IMPRESION PUEDE REALIZAR LAS GUIAS EN EL CUADERNO.

Instrucciones: Lee atentamente antes de responder



I- Responde las siguientes preguntas



1- ¿Cuándo te puedes enojar?

2- ¿Con quién te enojas?

3- ¿Cómo te tranquilizas?

II- ¿Qué harías tu? (marca con una X)

Has pedido a un amigo que te deje un juguete, pero no ha querido.



- Me pongo a jugar con otra cosa.
- Se lo pido a otro amigo.
- Decido pedirsela al día siguiente.
- Le digo que es un egoísta.



III-¿Qué debes hacer en cada caso? Marca con una X

Cuando estás enfadado debes...

- Gritar, molestar e insultar.
- Hablar de tu enfado y calmarte.



Cuando estás asustado debes...

- Callarte y no hablar.
- Pedir ayuda y calmarte.

IV-Busca las emociones en la sopa de letras

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| tenso | | | | frustrado | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| culpable | | | | enfermo | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| orgullosa | agradecido | avergonzado | arrepentido | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



V- Lee y responde el ticket de salida



SEMANA 10 ORIENTACIÓN

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| EXIT TICKET | NOMBRE: | CURSO: 5° |
| | ¿Cómo expresan las emociones los seres humanos? | |
| | Dibuja la emoción que sentirías si mañana vuelves a clases | |

146017

MISS PÍA CÁCERES G.

